## CARLOS R. SANTOS MD, PA PULMONARY & SLEEP MEDICINE

Name	me Today's Date					
Dear Patient: A few minutes of your will help Dr. Santos Which Doctor refer	assess your prob	olem and give you b	etter c			
1. Name Medication	ns that you are A	LLERGIC to:			-	
It is your problem r Pulmonary		or Sleep Disorde	e <u>r</u>		-	
What is the main re	ason you are seei	ing Dr. Santos today	<b>/</b> :			
					-	
2. (	CURRENT M	IEDICATIONS				
Drugs Name		Doses		Frequency		
					_	
Note: You can attac	h a list of medica	ations. Thanks				
	3. REVIEW	OF SYSTEM				
	e phrase that des	cribe your situation	:			
_	e in appetite (gh Loss	Chills Fatigue	Feve	r Night Swe	eats	
SKIN: Rash Acno	e Dry Skin I	Excessive Sweating	Infe	ection Skin	Injury	
<b>HEAD:</b> Head Injury Headache with Nause		Headache Affect	ting Vi	ision		
EYES: Blurred Visi		in Vision Eye I	tching	g Eye Pain		
EARS: Dizziness	Hearing Loss	Infection V	ertigo/	•		

NOSE and SINUSES: Frequent Colds Nasal Congestion Nose Bleeding Runny Nose Sinus Headache Sinus Problem
MOUTH and THROAT: Bleeding Gums Dry Mouth Wear Dentures White Plaques Sore Throat Hoarseness
NECK: Neck Pain Stiffness Swelling
BREAST: Nipple Discharge Pain Self Breast Exam Recent Mammogram
RESPIRATORY: Chest Pain Cough Shortness of Breath Tuberculosis Nocturnal Chocking Snoring Wheezing
CARDIAC: Chest Pain High Blood Pressure Edema Irregular Heart Beat Recent ECG (when)
GASTROINTESTINAL: Abdominal Pain Constipation Diarrhea Food Intolerance Heart Burn Hemorrhoids Rectal Bleeding
MUSCULOSKELETAL: Arthritis Back Pain Gout Joint Pain Muscle Cramps
HEMATOLOGIC: Anemia Bleeding Blood Transfusion
PERIPHERAL VASCULAR: Cr31llps Thrombophlebitis Varicose Veins
NEUROLOGIC: Incoordination Memory Loss Numbness Syncope
PSYCHIATRIC: Anxiety Depression Hallucination Insomnia Irritability Nervousness Panic Episodes
ENDOCRINE: Cold Intolerance Heat Intolerance Excessive Hunger Excessive Sweating Unusual Hair Loss
SLEEP DISORDER: Wake up at night Shocking or Gasping Insomnia  Snoring Day Time Sleepiness Wake up at Night to go to Restroom

4. MEDICAL HISTORY	Year
1.Any Kind of Cancer	
2. Glaucoma	
3. Asthma	
4. Tuberculosis	
5. HTN	
6. Valvular Heat Disease	
7. High Cholesterol	
8. Esophageal Reflux	
9. Ulcer Stomach	
10. Rheumatoid Arthritis	
11.Migraine	
12. Stroke	
13. Depression	
14. Anxiety	
15. Allergic Rinithis	
16. Pneumonia	
17. Diabetes	
18. Gout	
19. Lupus	
20. Trauma	
21. Sleep Apnea	

## **4.1 SURGICAL HISTORY**

List of Surgery	geries you	ı ever have ha	d and yea	ır	Year
		5. FAM	ILY HI	STORY	
5.1 In your	family so	me one have h	nad: CI	RCLE	
Cancer	r		As	sthma	
Sleep	Apnea		Hy	pertension	
Diabet	es		Не	eart Disease	
5.2 About y	our paren	its			
	Alive	Diseased	Age	Reason	
Father					
Mother					
		6. SOC	AL HI	STORY	
6.1 Have yo	ou ever sr	noke:	Yes	No	
6.1.1	If Yes a v	what age did y	ou startec	1:	
6.1.2	If you qu	it: At what ag	e did you	quit:	
6.1.3	How man	ny per daily: _			
6.2 Do you	drink alc	ohol:	Yes	No	
6.3 Marital	Status:	Single	Marrie	ed Divorce	Widowed
6.4 What is	your occ	upation:			
		6. PR	OCED	URES	
			Year		Yea
Chest X-Ra	ay			CT-Scan	
V/Q Scan				PFT (Breathing Test	
Bronchosco Holter	opy			EKG Echo	
Stress Test			1	Zeno	